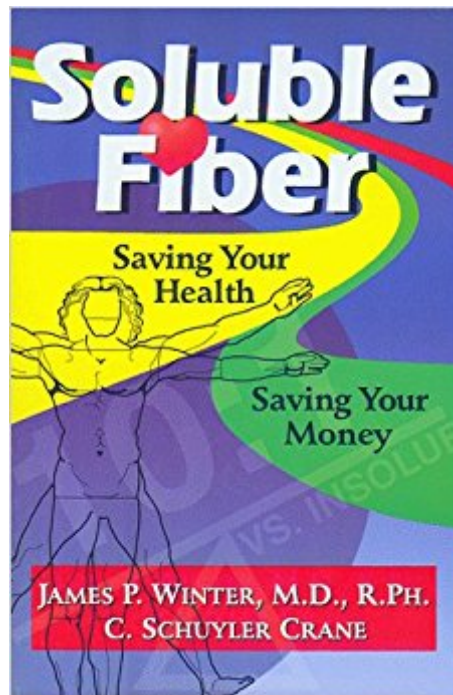




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Soluble Fiber: Saving Your Health, Saving Your Money



Synopsis

A reader-friendly approach to medical literature that supports the reasons for high fiber supplementation in the prevention and treatment of human disease. Learn why you save money when you increase the intake of soluble fiber in your daily diet. A glossary of terms, selected reference bibliography, and an easy-to-read Q&A format are included.

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James P. Winter, M.D., R.Ph., F.A.C.E.P., A.A.C.T., is a Residency Trained Emergency Physician Specialist, Board Certified Emergency Physician, licensed pharmacist, consultant for Poison Centers, and Certified Medical Review Officer for industry. Sky Crane has a degree in bacteriology and chemistry, and has worked in the pharmaceutical industry for 25 years.

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